



THE PULSE

of the employees of

**THE NEW YORK HOSPITAL-
CORNELL MEDICAL CENTER**

New York City 21

and

White Plains, N. Y.

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Dr. Connie Guion Is First Woman Elected NYH Honorary Governor

Dr. Connie M. Guion, Consultant in Medicine and a member of the Medical Board of the Hospital, has been elected an Honorary Governor of The Society of the New York Hospital. In making the announcement of Dr. Guion's election, John Hay Whitney, president of the Board of Governors, pointed out that this is the first time in the 181-year history of the Hospital that a woman has been elected an Honorary Governor.

A member of the attending staff of the Hospital since 1932 and of the Medical Board since 1947, Dr. Guion has also served as chief of the General Medical Clinic since 1932. A graduate of Cornell University Medical College, '17, she has held many positions on the col-

lege faculty since 1929 and has been Professor Emeritus of Clinical Medicine since 1951.

Dr. Guion, a former president of the Medical College Alumni Association, in 1951 was the first woman to receive that organization's annual "Award of Distinction." In 1950, she was one of 11 woman leaders in various fields who received honorary degrees from Wellesley College, her alma mater. She is a member of the Board of Overseers of Sweet Briar College where she taught chemistry for several years. Dr. Guion gave up teaching to enter Cornell University where she received an M.A. degree prior to entering the Medical

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Notes from The Director's Office

Earlier this month the Service Anniversary Dinner, sponsored by the Joint Administrative Board, honored those who this year completed 25 or 15 years of service in the Center. At the dinner there were repeated expressions of gratitude and appreciation for the unselfish and loyal work of this group of long-term employees. Much of what was said at the dinner applies in equal force to all who were not present, both older employees and newer members of our family. And so, as the holiday season approaches and another busy year draws to its close, I would like to extend on behalf of the Governors of The Society of the New York Hospital heartfelt thanks for your individual part in helping to maintain high standards in all fields of activity to which we are dedicated.

To each of you go best wishes for the holiday season, and may you, especially at this time of year, share with me the deep satisfaction in our accomplishments on behalf of humanity.

Henry Z. Preis, M.D.

Dean Dunbar Honored By Her Alma Mater

Miss Virginia M. Dunbar, dean of our School of Nursing, was among 22 distinguished alumnae of Mount Holyoke College honored during a two-day campus convocation on "Science and Human Values" during October.

The citation awarded Miss Dunbar by her Alma Mater reads in full:

"Administrator and author, director of nursing of the American Red Cross during World War II you rendered valuable service to your country, as author you have added to the dignity of your profession of nursing, as Dean of Nursing at Cornell University you are carrying forward significant work through the training of young women."

Miss Dunbar, who has been Dean of Cornell University-New York Hospital School of Nursing since 1946, is the author of many articles on problems of general interest to the nursing profession. She has recently completed a thesis, now in preparation for publication, on the history of two early English nursing schools. A member of the board of directors of the Visiting Nurse Service of New York, she also is vice-chairman of the Community Nursing Section of the Welfare and Health Council of New York City.

THE COVER

This is no ordinary tree. It was made by patients and staff of H-6 last year by stringing green ribbon across the venetian blind in the solarium. The tree trunk was a wire stretched from the top of the blind to a wooden arm splint which was anchored to the window sill by a sandbag. Pinwheels and other colored paper ornaments decorating the tree were made by the patients. What new and ingenious decorations will our patients and staff think of this year? (Photo by Paul Parker)

'Tis The Season To Be Feasting; So Diet Later

If you've been thinking of going on a diet, it'll take extraordinary will power to get started tomorrow, the day after, or the day after that. In fact, with all the holiday partying scheduled at the Center, you'd better save your diet resolution for the day after New Year's.

The Nutrition Department is preparing to furnish refreshments for about 45 parties during the Christmas-New Year's Season, according to Louise Stephenson, director. There's no doubt about the fact that 1952's gourmandizing will equal last year's which ranged from filet mignon dinner parties to cookie-coffee klatches for from 12 to 300 persons. Among the larger parties scheduled is the Nursing Department Tea on Tuesday, Dec. 30 in the Nurses' Residence. While it's still rather early at Pulse press time to detail the various events, it's a certainty that almost every department and floor is planning some holiday celebration.

On Christmas Day, our cooks are preparing to carve up 75 turkeys, weighing an average of 25 pounds apiece, for serving to patients and in our staff dining rooms. That's 1,875 pounds of eating. Patients' trays, as always, will have holiday cloths, napkins and favors, and there'll be a greeting card on each one.

There'll be plenty of music in the halls of NYH during the holiday season. The Glee Club held a Christmas sing in the Residence on Dec. 17 under the direction of Dr. Robert E. Lee of the House Staff. Dr. Lee is acting director of the Glee Club, replacing Dr. Albert C. Sherwin of Payne Whitney who has gone into service. On the afternoon of Dec. 15, a choir of 15 youngsters from the Boys Club of New York gave a program of carols outside the doors of various pavilions and on Dec. 22, a similar program will be offered by 22 girls from Girl Scout Troop 3-65 of St. Rose's Settlement.

Nursing School students will hold their annual Candlelight Service on Dec. 21 in the Residence auditorium. A tea for Residence employees will be held Dec. 23.



MUSCLE MAN . . . Four-year olds, Judy Rose Mandel and Meryl Kossak, who weighed 2 lbs. 2 oz. and 1 lb. 10 oz. at birth respectively, feel the muscles of another former "preemie", Mark Dushnyek, who was a strapping 4 lbs., 10 oz. at birth. Judy and Meryl are alumnae of NYH's premature nursery on N-5.

NYH Host at Thanksgiving Party For City's "Incubator Alumni"

A Fourth Anniversary Thanksgiving Party for "alumni" of premature infant incubators, now strong, active four-year olds, was held on the 18th floor of Hospital on Tuesday morning, Nov. 25. The party, which was under the sponsorship of the Hospital, The Greater New York Hospital Association, the New York City Departments of Health and Hospitals, the Hospital Council of Greater New York and the United States Public Health Service, marked the fourth anniversary of the establishment by the Departments of Health and Hospitals of their Premature Transport Service and the efforts of the Department of Health to work with both voluntary and municipal hospitals on the problem of caring for prematurely born infants.

Fifteen boys and girls, weighing between 1 lb. 10 ozs. and 4 lbs. 14 ozs. at birth, who now tip the scales at weights normal for children of their age, attended the party with their parents. Three of the young guests received care at The New York Hospital, which had

the first premature center in Manhattan, while others were "graduates" of incubators in Babies, St. Vincent's, Flushing, Lincoln, Harlem, Bellevue, Queens General and Kings County Hospitals.

For the youngsters, there were games, party hats, refreshments, and balloons in the York Nursery School rooms. Mrs. Evelyn Wolff Krause of Pediatric Occupational Therapy and several student nurses helped to entertain them.

Their parents heard brief talks by Dr. Leona Baumgartner, Assistant Health Commissioner of New York in charge of the Maternity and Newborn Division, and a member of the attending staff of NYH; Dr. I. Herbert Sheffer, acting director, Bureau of Medical and Hospital Services, Department of Hospitals; Dr. Anthony J. J. Rourke, executive director of the Hospital Council of Greater New York and John C. Steinle, hospital program director, Hospital Facilities Unit, Region No. 2, U. S. Public Health Service. Dr. Henry N. Pratt, director of NYH, and president of the

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York Nursery School Seeks New Applicants

Applications are now being received for the January to June session of the York Nursery School. The School, which has classrooms on the 18th floor of the Hospital, is open to any child between the ages of two and one-half and five, one of whose parents is employed at the Center.

Organization and operation of the school is a cooperative venture of the parents. An accredited nursery school teacher is in charge, assisted by two student teachers from the Ann-Reno Institute; they, in turn, are assisted by the parents.

The Nursery School is in session Mondays through Fridays from 9 A.M. to 12 Noon and includes daily periods of free play, group experience and outdoor activity in season on the roof of N building. Emphasis upon group experience is balanced by understanding and attention to the individual needs of each child. Parent-teacher meetings are held monthly.

For further information, get in touch with Mrs. E. T. Livingstone, TR 9-7322 or Mrs. Irving Baras, BU 8-1533.

AN APPEAL FOR BLOOD

On several occasions unavoidable shortages of blood have endangered the lives of patients and have delayed necessary operations. That is why the Hospital is asking all who can to give blood at this time. Particularly critical at present is the need for RH negative blood, although there is a constant demand for all types. You will receive \$15 a pint if your blood contains the rare RH negative factor, \$5 if your blood is the more usual type.

Blood Bank physicians will not allow you to donate unless they find you in good health. Giving is easy, painless and takes less than an hour of your free time. The Blood Bank, located in F-531, is open daily from 1 to 9 P.M. Call Ext. 7364 for an appointment.



GEORGE KAZAZ

41 Years on Staff. George Kazaz Retires

George Kazaz, head painter, and oldest non-professional staff member of the Hospital in length of service, will retire on January 1st. On December 11, Mr. Kazaz completed 41 years of loyal and devoted service to the Hospital.

Soon, he and Mrs. Kazaz plan to desert the Borough of the Dodgers where they have lived for many years, and head for Florida, probably to settle in one of the lovely resort towns north of Miami. After he builds his retirement cottage, George hopes to have plenty of time to devote to his lifetime hobby — deep sea fishing. Maybe he can haul in something bigger than the 54-pound tuna he once caught off the Jersey shore.

George Kazaz started with the Hospital as a painter apprentice's helper in December, 1911, just four years after he had come to the United States from his native Armenia. Later, he became a full-fledged painter. In 1918, he became head painter and was also in charge of the male Building Service program. He continued in this capacity until the Hospital moved uptown at which time he relinquished his assignment as head painter but continued as one of the experts who did the painting of the Hospital. Later, he was re-assigned to his old post as head painter and has been supervising a staff of 18 painters.

In paying tribute to George Kazaz, we can think of no better sentiments than those expressed by a former mem-

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"INCUBATOR ALUMNI"

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Greater New York Hospital Association, presided. Later, the children joined their parents in enjoying a large Fourth Anniversary cake, cut by Dr. Baumgartner.

In his opening remarks, Dr. Pratt observed that this was "truly a Thanksgiving party" because of the progress made in New York City in the past 15 years in reducing the mortality rate of premature infants from 18 per cent in 1935 to 5.1 per cent in 1950. One of the most important developments was the setting up four years ago of the Premature Transport Service to move premature infants from hospitals which do not have facilities for meeting their special needs to hospitals, like NYH, which have special centers for their care.

Dr. Baumgartner declared that the eventual prevention of premature births should be the objective of the present program. At present, she said, eight per cent of births are premature.

Dr. Sheffer discussed the development of premature centers in five municipal hospitals. He called the premature care program in the city a "beautiful example of democracy in action," cutting across all lines on the Federal, State and City levels, aiding parents regardless of their financial status.

Discussing the planning phase of the care of "premies", Dr. Rourke paid high tribute to the nurses who specialize in care of premature infants. "We feel that the great success of the program is due largely to the wonderful, interested and loving care that our nurses have given to these children," he declared.

The final speaker, Mr. Steine, noted that cooperation between Government and voluntary organizations has been largely responsible for the progress made in the care of premature infants.

These talks were tape recorded and broadcast over Station WNYC on Thanksgiving Day.



DR. CONNIE GUION

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College. In addition to her active membership in numerous medical societies, Dr. Guion serves as a member of the Northfield Schools Distinguished Awards Committee and the advisory committee of the National Health and Safety Council of the Girl Scouts. She is a member of Phi Beta Kappa.

SERVICE AWARD DINNER: 1952



The Class of '52

Above: The 25-year group.

Below: The 15-year group.



The dining room of the Nurses' Residence was filled to capacity when more than 250 persons attended the sixth annual Service Anniversary Dinner there December 2 under the sponsorship of the Joint Administrative Board of The Society of the New York Hospital and Cornell University.

The awards of gold emblems to the 23 who have served the Center for 25 years and silver emblems to the 47 who have completed 15 years of service was made by Dr. Stanhope Bayne-Jones, president of the Joint Administrative Board, who presided. Including this year's group, a total of 677 names of staff members honored for long service now appears in the honor roll booklets which are distributed at each year's dinner.

Speakers included Mrs. Dorothy McSparran Arnold, dean of women at Washington Square College, New York University, who is an alumna trustee of Cornell University and Henry S. Sturgis, vice-president for finance of The Society of the New York Hospital, one of four members of the Board of Governors honored for service this year. The other three were John Hay Whitney, president of the Board of Governors, who received a 25-year pin, and Mrs. Nathaniel P. Hill and Landon K. Thorne, who received 15-year awards.

The response for the group being honored was made by Mildred Spargo, director of occupational therapy at Payne Whitney, who received her 15-year emblem.

Helping to generate the feeling of warmth and camaraderie at the affair was entertainment furnished by an octet of members of the House Staff and medical students, and a surprise ninth member of the group, Dr. David P. Barr, President of the Medical Board and Professor of Medicine. In addition to their presentation of a program of sentimental ballads and spirituals, the group circulated around the dining room, leading the gathering in old-time favorites, concluding with the Cornell Alma Mater. Led by Dr. Robert E. Lee, the octet included Drs. Joe O. Arrington, Jr., Nelson Richards, Denton Cox, Brent

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OUR FASHIONS GO TO FRANCE

Uniforms of small blue and white check, worn by Cornell University-New York Hospital School of Nursing students because of World War II shortages and now replaced by the School's traditional blue plaid, will be worn by student nurses in France.

The School of Nursing has begun shipment of the uniforms to the Florence Nightingale School in Bordeaux, established after World War I as an international memorial to American nurses. The French school, which suffered severe damage during the German occupation, will receive 245 student uniforms.

The checked uniforms were worn here as a wartime substitute for a blue plaid woven especially for the School and imported from Scotland since 1886. Students last wore the wartime uniforms in 1951.

Dr. Child Takes Post As Chief Surgeon

Dr. Charles G. Child, 3rd, attending surgeon, The New York Hospital, and associate professor of clinical surgery, Cornell University Medical College, leaves us Jan. 1 to become surgeon-in-chief of the New England Center Hospital-Pratt Diagnostic Clinic in Boston. Dr. Child will also be professor of surgery at the Tufts College Medical School.

The New England Center Hospital-Pratt Diagnostic Clinic is a unit of the New England Medical Center for which the Tufts College Medical School is the teaching base.

A graduate of Cornell University Medical College, Class of '34, Dr. Child did both his internship and residency in surgery at NYH and has served on the attending staff of the Hospital and faculty of the Medical College since that time. During World War II, he saw two years of duty with the Navy.

Service Award Dinner: 1952

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Parker, Howard Corbus, and Myron R. Grover and Nicholas Nelson of CUMC.

In his opening remarks, Dr. Bayne-Jones termed the service anniversary dinners a "wonderful example of the true expression of the democratic spirit in our country." Commenting on this year's dinner programs which featured a cover showing the earlier locations of the hospital and Medical College as well as the present Center, he said that NYH had a greater influence on the country than any other hospital because of "its liberal traditions, the intellectual confidence and honesty of the people who started it and the breadth of their ideas."

Dean Arnold enumerated the characteristics that she felt were necessary for a person giving long service. These were ability to do one's job, devotion to duty and a constancy to that duty which made the job "become part of one's own real living," and finally, "and most important," adaptability to new ways and ideas. In connection with the latter, she observed that in reading the history of the School of Nursing, which is this year observing its 75th anniversary, the characteristic that most impressed her was the adaptability of the nursing educators who have guided the school's progress.

A detailed picture of the work of the Board of Governors of the Hospital, whose members "are not seen and receive no compensation other than the gratification of doing a job" was painted by Mr. Sturgis, drawing upon his 15 years of experience. He explained the Board's functions, pointing out the wide varieties of talents various members of the Board have in matters of real estate, endowments, psychiatry, membership, art and public relations, for example, all necessary "know-how" in the running of a large medical center such as ours. Discussing the matter of the yearly deficit, he pointed out that the hospital could be run in the black if we gave up teaching and research and gave little free care. The question constantly before us, Mr. Sturgis said, is: "How much can we afford to lose each year and still keep up our teaching and research standards, and our free care?"

In responding for the honored group, Miss Spargo enlarged upon the story of the Good Samaritan as depicted in the seal of The New York Hospital . . . "a citadel committed to the perpetuation of the role of neighbor and the re-interpretation of the quality of mercy in the knowledge of our time."

"We of the 15 and 25-year groups," she said, "salute the generous outpouring of human talents which have enabled this hospital to achieve its present level of development; the foresight and judgment of the Governors in providing competent leadership and essential facilities; the creative planning and skillful coordination of the Administrative group; the continuous and painstaking inter-departmental efforts to promote and maintain good team relationships; the tireless contribution of each individual, motivated by a spirit of compassion, and bound by the quality of mercy into a wholeness of service."

Among those at the speakers table were five members of the staff of the Center who have given over 40 years of service. They included Dr. Charles E. Farr, 49 years; Cecil Dudley, technical assistant in the Biochemistry Department, Medical College, who had served 47 years when he retired in September; Dr. Cary Eggleston, 44 years; Dr. Eugene F. DuBois, 42 years, and George Kazaz, head painter, 41 years.

A committee of 28 representing various departments planned the dinner and was in charge of reception and ushering.

Additional copies of the dinner program-menu are available for the asking in Mr. Payson's office, G-111.



A BETTER DAY

*I often watch the clouds go by,
With endless path across the sky;
And where the rain will meet the ground,
All life will start a better day.
I often watch men at their work,
With endless thoughts, throughout
the day;
And when a smile will glow the way,
We're sure to have a better day.*

JOHN CRISINI, Protection Dept.

O.T. — A VITAL TREATMENT

Editor's Note: This is the second in a series of articles on the Occupational Therapy Departments of the Hospital. The next one will describe the work of Pediatric O.T.

Recently, we saw an amusing cartoon in another publication. It shows a patient in bed, weaving on a hand loom. All around her bedside were items she had made during her long stay in the hospital — pottery, woven baskets, rag rugs, paintings, embroidered slippers, a patch quilt. Two nurses are standing near the bed and one is saying to the other: "Occupational Therapy, you know. They say she's even made a yacht."

Bring a smile to your lips? Well, it did to ours, too. We showed the cartoon to Mrs. Claire Glasser, head of Occupational Therapy in Medicine, Surgery and Woman's Clinic. She chuckled, too, but then proceeded to take your reporter on a tour of her 13th floor workshop to show her how different is the actual approach to O.T. at The New York Hospital.

"A patient just doesn't come up to the 13th floor and announce: 'I'd like to make a stuffed dog. It's a birthday present for my grandchild,'" Mrs. Glasser explains. "Perhaps the patient is convalescing from a broken ankle. It's her ankle muscles that need a workout, not her fingers. So instead, we suggest a doll's dress and put her to work at an old-fashioned sewing machine with a treadle so that her ankle gets some exercise."

In other words, Occupational Therapy is treatment aimed at attacking specific problems resulting from disease or injury. When a doctor prescribes O.T. for his patient, he writes his orders on a special prescription form, checking the treatment aim desired for the individual patient. Sometimes the doctor orders O.T. to help the patient attain maximum physical function by improving motion in the joints, muscle strength, coordination, general physical tolerance and activities of actual daily living. The department's work in this functional activity program has grown from two per cent to 45 per cent in the last year and one-half. Other times, the doctor prescribes O.T. as a therapeutic activity to aid the patient in adjusting to hospitalization, to encourage him to socialize with other patients, or to develop inter-



A patient cuts a block of wood using the bicycle jigsaw under the supervision of Mrs. Claire Glasser. The bicycle jigsaw provides excellent exercise for increasing the motion of hip and knee.

ests and hobbies he can continue at home.

Mrs. Glasser lead your reporter around the shop, explaining the whys and wherefores of every tool and piece of equipment.

In one corner, a patient was operating a quadriceps loom as a pre-crutch walking exercise; the pattern of motion used in operating this loom is the same as that used in the crutch walking gait. There are all sorts of looms in the workshop, each especially selected to strengthen a different group of muscles — in the shoulders, forearm and knees.

As we continued on our fascinating explorations in the workshop, Mrs. Glasser and her assistant, Jean Stumann, explained the reasons for using various tools. Planes and saws, for example, strengthen the shoulders and elbow, and a hammer is excellent for the wrist.

The woman sitting at the table punch-

ing lacing holes in a leather purse was strengthening her grasp; the actual lacing would give her arm exercise as well, Mrs. Glasser pointed out. A man sitting at the same table weaving a basket was doing that work for finger exercise.

"But what about the patients who are just not interested in making things,?" we asked.

"They play games," replied Mrs. Glasser and she showed us the O.T. way to play checkers and solitaire . . . against a wall. There was a checker board hung on one wall, with a place for pegs instead of counters. She demonstrated how putting pegs in the holes is good shoulder exercise and offers fine practice in finger coordination. Patients play solitaire against the wall using a cloth card rack with 52 individual card pockets, adjustable to various heights; this strengthens arm and shoulder muscles.

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HOSPI-TALES

Orchids to: United Air Lines, who keep the various waiting rooms and areas throughout the Hospital supplied with magazines. Originally, several NYH volunteers who were hostesses for United, in their free time collected out-dated magazines from the planes and brought them to the Hospital. When these volunteers were assigned to headquarters out of the city, they made arrangements with United Air Lines official, Pierce Elsafer, to collect and pass on to us all out-dated magazines. We feel especially honored because NYH is the only voluntary hospital to receive the magazines, the others being donated to Veterans' hospitals. The donation of magazines has grown to such proportions that United Air Lines now sends us a truckload each week, and the driver, Wilbur Low, is one of our "affiliated volunteers."

Wedding Belles and Beaux: *Grace Testa*, technician in Central Labs. Bacteriology, became the bride of *Martin Caidin* on Nov. 1 at the Little Church Around the Corner . . . On the same day, *Frances McGregor*, technician in the Chemistry Lab, became Mrs. *Robert Amos* . . . It was strictly an NYH affair on Nov. 15 when *Virginia DiVita* of Information married *Richard Boone*, formerly of the same department, who has since been seeing duty with the Army in Germany, *Rosalie Maresca* and *Margaret Hatchings* of Information were bridesmaids and the best man was *Richard Hassog*, a former General Stores employee . . . Several more brides among Nursing School students to report. *Judy Holland*, one of the twins, became the bride of *Lt. Phillip Trowbridge*, USAF, of Waco, Texas, on Nov. 1. Her senior classmate, *Phyllis Salvati* was wed to *Robert Kantra*, Fordham grad student, on Nov. 29. Junior *Jane Madden* became the wife of *Frederick Roberts*, a researcher for the N. W. Kellogg Co., on Nov. 22. It'll be a post-Christmas wedding for *Margaret Ann Youmans* and CUMC senior, *Paul A. Skudder*, on Dec. 27 . . . *Veronica Finnegan* of the Record Room is now Mrs. *Danny Dannenberg*.

Snared: *Joan Brister*, staff nurse in Lying-In, is engaged to *Wallace H. Henshaw, Jr.* . . . "Oppie" *Keeler*, Nursing

School junior, is engaged to *James Ludwig*, senior CUMC . . . Her classmate, *Mariel Bither*, is the future bride of *Alan Sherburn*, serving with the Army at Fort Dix . . . Frosh nursing student, *Helen Allhusen*, is the fiancée of *Ralph North* . . . *Dr. Lawrence A. Behrman* of Dentistry is engaged to *Sylvia Benes*, a student at Columbia's School of Oral Hygiene.

Lincoln is President: *Miss Helen B. Lincoln*, head of our Record Department, took office in Washington, D. C. as president of the American Medical Record Librarians Association on Oct. 17. The Hawaiian delegate to the convention had two leis flown from the Islands to present to *Miss Lincoln* and the outgoing president, *Miss Lincoln* recently returned from the International Congress of Record Librarians in London. With other librarians, she also toured the Continent and was received by city officials in Paris, Rome and Zurich.

Stork Stops: *Dr. and Mrs. Aaron Kellner* welcomed their third son, *Charles Horn Kellner*, on Nov. 7 . . . *Mrs. Shirley Kinstler Hauser*, former staff nurse on K-9, is the mother of a boy, born Oct. 23 and *Mrs. Lilli Degen Casey*, former nurse on L-4, had a girl the same day.

Surgeons in Service: *Dr. George Holswade* is serving with the Marines at Camp Pendleton, Calif. while *Drs. Arthur Gore* and *Richard Karl* have drawn hospital ship duty in Korean waters.

Congrats: To *Dr. Aaron Kellner*, director of Central Laboratories, who has been elected president-elect of the American Association of Blood Banks . . . To *Dr. Alexander Brunschwig*, professor of clinical surgery, Medical College, who was one of four Americans honored at the centennial convocation of Laval University, Quebec. He received the honorary degree of Doctor of Medical Science.

Here and There: The United Hospital Fund recently sponsored an institute for dietitians in cooperation with the Greater New York Dietetic Association. Representing NYH at the all-day sessions and dinner meeting were *Mere-*

dith Jones, *Mary Lou Clippinger*, *Betty Richmond*, and *Eileen Barry*. *Miss Jones* was a member of the planning committee for this special institute which was attended by 105 dietitians in the metropolitan area. . . . Representing the Center at the convention of the American Dietetic Association in Minneapolis last month were *Henderika J. Rynbergen*, assistant professor of science, Nursing School, and *Virginia Pearson*, dietitian in Pediatrics.

Comings and Goings: *Miss Mary E. Gleason*, for the past 10 years executive secretary of the Medical College Alumni Association, retires Dec. 31. She will be at home at her cottage and half acre of land at West Dennis, Cape Cod, and extends an invitation to all her Center friends to visit her when they vacation on the Cape . . . *Mrs. Mary Radmore* has returned to the Record Room staff after a long illness and convalescence in Ireland. . . . *Mrs. Vera Lemp* of the Record Room has resigned to keep house in Lindenhurst, L. I. . . . Welcome to Londoner *Beatrice Lux* who has joined the Photography Department as an apprentice trainee for one year. . . . Nutrition said "farewell" with the customary parties to *Jeanne Tillotson*, dietitian on medical floors and *Mrs. Dorothy Mehmel Mitchell*, dietitian in the East Dining Room. New members of the dietetic staff include *Muriel Stone*, College Dining Room; *Delpha Foster*, Private Patients, and *Martha Manker*, a former dietetic intern, East Dining Room.

FROM OUR COUNTRY COUSINS

Christmas in Westchester: The advent of the Holiday season is marked by a special bustle of activity which this year as always will culminate in traditional festivities throughout the Hospital.

The straightest and most luxuriant evergreens on the grounds are being transformed by lights and baubles to the delight of patients and staff, and also the community. Every corridor and hall is putting on holiday regalia. Patients and nurses will decorate the dining rooms in friendly competition while the

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HOSPI-TALES

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greenhouse will perform its annual miracle of producing a profusion of poinsettias and other flowers at the very peak of perfection on the appointed day. A group of carol singers, comprising staff and personnel, will make a tour outside of the buildings, stopping under windows to sing with the accompaniment of a portable organ. The Christmas Tea Dance for patients, their relatives and friends, dinner with all the fixins' and the Christmas service with a special musical program will complete the full program of events.

New Building: Work has begun on a new building to replace the outmoded Women's Physiotherapy Department. Equipped with the most modern devices, this new treatment center will offer to women patients the same therapeutic program that the men's division has enjoyed for some years. The installation is directly accessible to the women's gymnasium and residence halls.

Thomas Donworth: For fifty-five years a Westchester Division staff member, *Thomas Donworth*, retired head storekeeper, died Oct. 6 at the home of his daughter in North White Plains. It was his eighty-first birthday. Mr. Donworth, a native of Ireland, joined the Westchester Division in 1895 as a farm worker and became storekeeper in 1920. His wife, who survives, was a nurse on the staff before her retirement.

Emil Strateman: On the same day that Mr. Donworth passed away, *Emil Strateman*, seventy-five, retired steward of Westchester Division, died at his home in White Plains of a heart ailment. Mr. Strateman was chairman of the White Plains Housing Authority. Born in New Braunfels, Texas, he came to the Hospital in 1901 as secretary to the medical director. In 1911, he became chief clerk and in 1914 was appointed steward. At his retirement in 1945, when he was honored by the Hospital staff, he estimated that he had purchased \$15 million in supplies and had disbursed \$10 million through the payroll during his stewardship.



OUR (SAFETY) PIN-UP GIRL

Mrs. Lucinda B. Davis of the House-keeping Staff models the jacket and headband she has made in her spare time of safety pins picked up from the floor of the women's locker room in the sub-basement. Unprofitable to salvage for hospital use, the pins represent about a year's accumulation. Several thousand pins bring the weight of the woolen sweater jacket on which they are placed to about 15 pounds.

GEORGE KAZAZ RETIRES

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ber of the staff of THE PULSE, who wrote as follows in a profile of our head painter in the May, 1945 issue:

"There is something that stirs our imagination a little when we think of all the paint that has gone on these walls to date and all the paint that must have gone on the walls downtown to preserve them. There's something monumental in a job like that. To think that after George has left an earthly existence and after all the rest of us have followed suit, these walls will still be standing and were someone, a hundred years from now, to scrape down to the first few coats of paint, that would be the paint applied by George Kazaz and his men. A monument in preservation to a quiet man who spent the major years of his life with one institution doing there the job he knew best."

Miss Harmon Named Asst. Nursing Director

Elizabeth H. Harmon, who has been assistant head of the Department of Surgical Nursing, on Dec. 15 assumed new duties as assistant director of the Nursing Service.

Miss Harmon, a member of the NYH nursing staff since 1932, had been on a leave of absence since September to serve on the faculty of Syracuse University. In this capacity, she had been conducting conferences throughout central New York State on nursing service administration as a part of a program to improve hospital nursing service sponsored by special funds from the W. K. Kellogg Foundation. As assistant director of Nursing Service, she replaces Bernice Carrington, who resigned Aug. 1 to become assistant director of nursing at Beth Israel Hospital, Boston. Miss Harmon's principal responsibilities will be to conduct studies in nursing service. She also continues to hold an appointment as instructor in surgical nursing on the School of Nursing faculty.

**BUY U. S. DEFENSE BONDS
FOR A STRONGER AMERICA**

Got Acute Gfittitis? Try Our Gift Shop

While many have already discovered the pleasant, painless way of doing Christmas shopping — by patronizing the Hospital Gift Shop — there may be some who have neglected this treasure trove of holiday wares.

This year, the variety of wonders seem greater than ever. There are toys galore; interesting jewelry including many one-of-a-kind pieces; china dogs of many breeds; lush leather desk accessories; exquisite examples of French enamel work inlaid on wooden cigarette cases and boxes; leather cased pillboxes and perfume vials; a new line of Saablon nylon lingerie that washes like a hankie, and favorite brands of perfumes and cosmetics. Of course, there's a gift wrapping and mailing service. If you prefer to do your own wrapping, pick from the Gift Shop's wide selection of papers and ribbons. And don't forget, you'll always find Christmas cards — even at the last moment.

Another nice note in this season of giving is the fact that your purchases benefit the Social Service Department of the Hospital.

NEW PORTRAIT IN “GOVERNORS’ ROW”

In keeping with the tradition of hanging portraits of men who have served as presidents of the Board of Governors of The Society of the New York Hospital, a recently completed oil of William H. Jackson has joined the impressive collection in the G-1 corridor.

The painting, which is the work of Robert Brackman, hangs near Room G-110.

Mr. Jackson, who has been a member of the Board of Governors since 1939, served as president of The Society in 1941 and 1942, and then again, following service in World War II, in 1947, 1948, and 1949.



A JOYOUS HOLIDAY SEASON TO YOU ALL

from

THE PULSE STAFF



21 More Take Course In Human Relations

Twenty-one more members of the Hospital staff with supervisory responsibilities are enrolled in the second course in “Dynamics of Supervision and Human Relations” to be sponsored jointly by the Personnel Department of the Hospital and the New York School of Industrial and Labor Relations, Cornell University. Harvey Schoenfeld, assistant director of Montefiore Hospital and an instructor in the Extension Division of the New York State School, is again leading the course.

At the same time, many of those who completed Mr. Schoenfeld's first course last Spring, have started a supervisory discussion group under the leadership of Meredith Jones of the Nutrition Department.

Those taking Mr. Schoenfeld's course include James O'Connell, General Stores; Katherine Zorn, Central Sterile Supply; Philip Palese, Payne Whitney; Theodore Warren and Mrs. Catherine Stevens, Building Service; Helen B. Lincoln, Record Department; Theodate Soule, Social Service; Meredith Jones and Margaret Woodley, Nutrition; Mrs. Margaretta Treherne-Thomas, Volunteer Department; Mary McDermott, Nurses' Residence; Veronica Lyons, School of Nursing; Mrs. Elizabeth Squier, Nurses' Infirmary; Agnes Schubert, Pediatric Nursing; Verda Hickcox and Jeanette Walters, Woman's Clinic Nursing; Kathleen Newton, Out-Patient Nursing; Eva Poor, Private Patients Nursing; Edward Browne, Auxiliary Staff supervisor; Laura Simms, Nursing Administration.

OCCUPATIONAL THERAPY

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But the most challenging and rewarding part of her program, Mrs. Glasser feels, is the self-care program for the patient with the permanent disability. Teaching the person who has the use of only one arm, for instance, to button his garments, tie shoelaces, cut meat, butter bread, to wind a wristwatch or strike a match.

Special gadgets have been designed in the department to help the handicapped — items like a shoehorn on a stick for the person who cannot bend down.

The O.T. workshop is open every weekday afternoon for ambulatory and wheelchair patients. Mornings, Mrs. Glasser and Miss Stumann give bedside treatments to patients who are unable to come up to the shop.

Recently another therapist, Mrs. Zivia Cohen, was added to the staff when the department's treatment program was expanded to include tuberculosis patients on H-4 and long-term patients in Lying-In. A faithful corps of volunteers assist the three therapists; they wheel the toy cart to floors where youngsters are patients; they play records in various solaria; they help prepare the various O.T. materials for distribution.

It is a tribute to the department that our doctors prescribed O.T. treatment for 687 patients in 1951, involving about 9,388 individual treatments.



TODAY'S TEASER

The fellow who says he works so hard must be dreaming . . . figure it out for yourself:

Every year has	365 days
If you sleep 8 hours a day,	
it equals	122 days
This leaves	243 days
If you use 8 hrs. daily for rest	
and recreation, it equals	122 days
This leaves	121 days
There are 52 Sundays	52 days
This leaves	69 days
Half day Saturday and half hr.	
daily for lunch time, equals	54 days
This leaves	15 days
Two weeks vacation equals	14 days
This leaves	1 day
This being Labor Day	
nobody works	1 day
This leaves	0 day

—WEST PENN PENNINGS

West Penn Hospital, Pittsburgh